

The Avenue Back to Squash COVID 19 Playing Path

Before your visit:

1. Book court online and add any other players name to the booking. Courts are booked for one hour; lights turn off after 45 minutes to allow time for sanitisation and exit.
2. Read Responsible Member Declaration and watch video demonstration to be found on website.
3. No non-playing visitors or members.
4. Play that is allowed: singles, your bubble members, partner sides.
5. Bring own first aid kit for any injuries and report any sustained at the club to the office. Club first aid kit may only be used by a trained first aider such (Office, Bar staff, Coaches, Gym instructors)
5. Please 'report any accidents & significant injuries' to the office.
6. Government and ES guidance for your information <https://www.gov.uk/coronavirus>
<https://www.englandsquash.com/back-to-squash>
7. Change into squash gear and bring: a new boxed squash ball, spare t-shirt, sweat bands, filled water bottle, squash grips, small towel and all your other own equipment.
8. Check that you are fit and well. And that you have no Covid 19 symptoms ie: temperature, cough, lack of taste or smell. If you do, do not visit the club.

When you arrive

9. Arrive no sooner than 5 minutes before booking. Changed and ready to play.
10. Adhere to parking instructions.
11. Enter using fob by the front door.
12. Wash hands using disabled toilet sink and sanitise your hands using the hand sanitiser attached to the wall next to the court you will be using.
13. Use disinfectant spray and paper towels provided to clean touch points (ie: door handles) and wipe up any sweat spots on the floor.
14. Maintain 2 metre distancing within club house at all times.
15. Use disabled toilet. (Ladies & Gents changing rooms and toilets are out of bounds)

On court

16. Take all your equipment onto the court and place out of the way of play.
17. Do not touch court walls or floor.
18. Maximum of two players on court.
19. Only one player to handle ball if playing 'sides'.
20. Mop up any sweat pools on floor with paper towel and spray disinfectant only.

Leaving the squash court and club

21. Disinfect touch points after using court. Using disinfectant spray and paper towels provided.
22. Leave court door open for ventilation.
23. Do not shower.
24. Take all your equipment with you.
25. Wash hands and use sanitiser.
2. Leave the club house promptly via rear fire exit door. Following one-way arrows.
27. Maintain social distancing at all times on leaving the club.

Responsible Member Declaration

By booking a squash court you are signing up to adhere to this club guidance. You are agreeing to the terms/ protocols described and are encouraged to highlight instances of other members not adhering to them by either politely pointing it out to them or emailing the office with the date and

time of the infringement. The consequences of failing to adhere to the club guidelines for play will be.

1. In the first instance, an informal warning
2. Second instance, a formal warning (letter or email)
3. Third instance, a temporary disabling of your fob and access to the club